Ramadan

DAY	DATE	SEHAR	IFTAR
1	02-Apr-22		
2	03-Apr-22		
3	04-Apr-22		
4	05-Apr-22		
5	06-Apr-22		
6	07-Apr-22		
7	08-Apr-22		
8	09-Apr-22		
9	10-Apr-22		
10	11-Apr-22		
11	12-Apr-22		
12	13-Apr-22		
13	14-Apr-22		
14	15-Apr-22		
15	16-Apr-22		
16	17-Apr-22		
17	18-Apr-22		
18	19-Apr-22		
19	20-Apr-22		
20	21-Apr-22		
21	22-Apr-22		
22	23-Apr-22		
23	24-Apr-22		
24	25-Apr-22		
25	26-Apr-22		
26	27-Apr-22		
27	28-Apr-22		
28	29-Apr-22		
29	30-Apr-22		
30	01-May-22		

Show generosity towards your neighbors. Practice safe gatherings for important community occasions, such as prayer and iftar dinner, by social distancing and wearing a mask.

Get tested for COVID-19 before large gatherings and travel, if you are in contact with someone who has COVID-19, and if you get sick.

Get vaccinated. The best way to protect yourself and your loved ones is to get your COVID-19 vaccine. Fully vaccinated? Get the booster dose for greater protection.

Observant Muslims wondering about vaccination in relation to hadiths (sayings of the Prophet Muhammad), may find this passage helpful:

"They (the desert Arabs) asked: 'Messenger of Allah, should we make use of medical treatment?' He replied: 'Make use of medical treatment, for Allah has not made a disease without appointing a remedy for it, with the exception of one disease, namely old age.'"
(Sunan Abi Dawud, Narrated by Usamah ibn Sharik)

INTERNATIONAL RESCUE COMMITTEE

NRC-RIM
National Resource Center for Refugees, Immigrants, and Migrants

Ramadan
2022

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